



**LEGACY**  
**RETIREMENT**  
Mesa

5625 E. McKellips Rd. • Mesa, AZ 85215 • (480) 985-0300



**Happy October Birthdays!**

Joy R. ....	October 1st
Gwendolyn B. ....	October 2nd
Dorothy F. ....	October 12th
Helen C. ....	October 12th
Regina C. ....	October 19th
Jackie J. ....	October 21st
Sally C. ....	October 22nd
Norma Jean D. ....	October 23rd
Wanda Lou G. ....	October 24th
Gail B. ....	October 31st

**Your Legacy Retirement  
Management Family**

Janet Statland .....	Executive Director
Lindy Fasel .....	Executive Assistant
Robert Odle .....	Maintenance Director
Dawn Wallace .....	Assistant Administrator
Cece Carrillo .....	Assistant Administrator
Monica Torres .....	Housekeeping Supervisor
Trudy Murray .....	Directed Care Nurse
Mary Michela .....	Personal Care Nurse
Rob Iqbal .....	Food Service Director
Mailani Fernandez .....	Recreation Director
Jeannine Braunberger .....	Marketing Director
Tina Wright .....	Marketing Manager
Cindy von Wiegen .....	Billing Office Manager

**October 2018**

**SAVE THE DATE!... October Events That  
You DON'T Want to Miss!**

Thursday, Oct. 4th	Norm's Watch Repair
Thursday, Oct. 11th	Veterans Ceremony
Saturday, Oct. 13th	"Simply A Capella" Group
Tuesday, Oct. 16th	Mesa F.D. Presentation
Thursday, Oct. 18th	Lifelong Learning
Saturday, Oct. 20th	DVMTA Musical Marathon
Tuesday, Oct. 23rd	Beltone Hearing Checks
Thursday, Oct. 25th	Essential Oils Class
Saturday, Oct. 27th	OKTOBERFEST
Tuesday, Oct. 30th	"Creepy Crawly's" Fun
Wednesday, Oct. 31st	Halloween Party!



**HALLOWEEN PARTY**

**Wednesday, October 31st at 2:30pm**

for a Halloween Bash featuring a Costume Contest, Fun Games, Tricks and LOTS of TREATS!

**Residents, Staff & Family Members Welcome!**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b><i>Spiritual &amp; Religious Meetings:</i></b> <i>Prayer Meetings are held Wednesdays at 5:30pm in the Library with Pastors Leo &amp; Sylvia. LDS Family Home Evenings are held Mondays at 6:00pm in the 2nd Floor Green Great Room.</i></p>	<p>1 9:30 Musical Fitness with Dick!- MPR 1 10:15 Crafting Corner with Lee: MPR 2 Flower Crowns for Oktoberfest! 12:30 Make-Up Craft Work MPR 1 1:30 POKENO (25 Nickels)- MPR 1 3:30 Pre-Supper Circle Group -GL 6:00 L.D.S. Family Home Evening- Green Great Room (2nd FL)</p>	<p>2 9:30 Sit &amp; Get Fit!- MPR 1 10:00 Daily Chronicle Read -MPR 1 10:30 "WHO AM I?" Celebrity Trivia- Green Dining Lobby 1:30 Dime Bingo Bonanza! -MPR 1 (Please Bring 10 Dimes) 3:30 Pre-Supper Circle Group -GL</p>	<p>3 9:30 Deep Breathing and Yoga with Diane Brennan- MPR 1 10:00 Catholic Service- MPR 3 10:30 ACTIVITY MEETING- GL 1:00 Creativity Class! MPR 1 3:00 Pianist Arthur Bunch- MPR 3 3:30 Pre-Supper Circle Group -GL 5:30 Prayer Meeting- Library</p>	<p>4 9:30 Sit &amp; Get Fit!- MPR 1 10:00 Daily Chronicle Read -MPR 1 10:30 Trivial Pursuit Thursday! GL 12:00 MEN'S CLUB- Red Side Pool Table 12:30 Norm's Watch Repair -GL 1:30 Dime Bingo Bonanza! -MPR 1 (Please Bring 10 Dimes) 3:00 TAI CHI Exercise and Meditation with Volunteer, Kim! MPR 2 &amp; 3 3:30 Pre-Supper Circle Group -GL</p>	<p>5 9:30 FUN FRIDAY FITNESS! MPR 1 10:00 Daily Chronicle Read -MPR 1 10:45 Bible Study in the Library 11:00 Restaurant Reviewers: Sal's Gilbert Pizza (\$) BUS 1:30 Left, Right, Center MPR 1 2:30 -3:00 Happy Hour OPEN BAR 3:00 Fun Fridays Happy Hour with Carlotta Wheeler! -MPR</p>	<p>6 9:30 Saturday STRETCH- MPR 1 10:00 Daily Chronicle Read- MPR 1 10:15 K-9 Cuddle Time w/ Kristal! GL 10:30 Weekend WISDOM Trivia Group- Green Dining Lobby 1:30 Quarter Bingo! (Please Bring 10 Quarters)- MPR 1 5:30 Saturday Cinema: "Guys &amp; Dolls"-Green Great Room</p>
<p>7 10:00 Legacy's Own Interdenominational Church Service- MPR 2 &amp; 3 12:30 LDS Sacrament in the Great Room- RED SIDE Great Room (2nd FL) 2:00 DANCE THERAPY WITH VOLUNTEER, SARAH! MPR 2 5:30 Sunday Cinema: Residents' Choice Classic Movie Matinee -GGR (Request Titles with Mailani)</p>	<p>8 Columbus Day 9:30 Musical Fitness with Dick!- MPR 1 10:15 Crafting Corner with Lee: MPR 2 Flower Crowns for Oktoberfest! 12:30 Make-Up Craft Work MPR 1 1:30 POKENO (25 Nickels)- MPR 1 3:00 LIVE MUSIC in the Living Room: Country Singer Darren! -GL 6:00 L.D.S. Family Home Evening- Green Great Room (2nd FL)</p>	<p>9 9:30 Sit &amp; Get Fit!- MPR 1 10:00 Daily Chronicle Read -MPR 1 10:30 Suncrest's GRIEF SUPPORT Group (Open to ALL) MPR 2 10:30 "WHAT AM I?" Item Guessing Trivia- Green Lobby 1:30 Dime Bingo Bonanza! -MPR 1 (Please Bring 10 Dimes) 3:30 Pre-Supper Circle Group -GL</p>	<p>10 9:30 Deep Breathing and Yoga with Diane Brennan- MPR 1 10:00 Catholic Service- MPR 3 10:30 CHEF'S CHAT- GL 1:00 Creativity Class! MPR 1 3:00 Dinner Music and Sing Along with Arthur Bunch! -GL 5:30 Prayer Meeting- Library</p>	<p>11 9:30 Sit &amp; Get Fit!- MPR 1 10:00 Honorary Veterans &amp; Spouses Ceremony with Guest Speaker, Jason Schechterle MPR 2/3 12:00 MEN'S CLUB- Pool Table 1:30 Dime Bingo Bonanza! -MPR 1 (Please Bring 10 Dimes) 3:30 Pre-Supper Circle Group -GL</p>	<p>12 9:30 ZUMBA with Holly! MPR 1 10:30 Restaurant Reviewers: BAJA JOE'S Mexican Seafood (\$) BUS 10:45 Bible Study in the Library 1:30 Left, Right, Center MPR 1 2:30 -3:00 Happy Hour OPEN BAR 3:00 Fun-tastic Fridays Happy Hour with the "2 Folks" Band! -MPR</p>	<p>13 9:30 Saturday STRETCH- MPR 1 10:00 Daily Chronicle Read- MPR 1 10:15 K-9 Cuddle Time w/ Kristal! GL 10:30 Weekend WISDOM Trivia Group- GL 1:30 Quarter Bingo! - MPR 1 3:00 "SIMPLY A CAPELLA" Charitable Singing Group MPR 2/3 5:30 Saturday Cinema: "Angel Face" -GGR</p>
<p>14 10:00 Legacy's Own Interdenominational Church Service- MPR 2 &amp; 3 12:30 LDS Sacrament in the Great Room- RED SIDE Great Room (2nd FL) 5:30 Sunday Cinema: Residents' Choice Classic Movie Matinee -GGR (Request Titles with Mailani)</p>	<p>15 9:30 Musical Fitness with Dick!- MPR 1 10:15 Crafting Corner with Lee: MPR 2 Flower Crowns for Oktoberfest! 12:30 Make-Up Craft Work MPR 1 1:30 POKENO (25 Nickels)- MPR 1 3:30 Pre-Supper Circle Group -GL 6:00 L.D.S. Family Home Evening- Green Great Room (2nd FL)</p>	<p>16 9:30 Sit &amp; Get Fit!- MPR 1 10:00 MESA FIRE DEPARTMENT Presentation on Diabetes &amp; Heart Disease MPR 2/3 1:30 Dime Bingo Bonanza! -MPR 1 (Please Bring 10 Dimes) 3:30 Pre-Supper Circle Group -GL</p>	<p>17 9:30 Deep Breathing and Yoga with Diane Brennan- MPR 1 10:00 Catholic Service- MPR 3 10:30 ART APPRECIATION Group- MPR 2 1:00 Creativity Class! MPR 1 3:00 Arthur's Sing Along! MPR 3 4:30 LEGACY NIGHT OUT: Dinner at Outback Steakhouse (\$) BUS 5:30 Prayer Meeting- Library</p>	<p>18 9:30 Sit &amp; Get Fit!- MPR 1 10:00 Daily Chronicle Read -MPR 1 10:00 LIFELONG LEARNING Presentation with Jane -MPR 2 12:00 MEN'S CLUB- Red Side Pool Table 1:30 Dime Bingo Bonanza! -MPR 1 (Please Bring 10 Dimes) 3:30 Pre-Supper Circle Group -GL</p>	<p>19 9:30 FUN FRIDAY FITNESS! MPR 1 9:30 Out to the Casino!- BUS 10:00 Daily Chronicle Read -MPR 1 10:45 Bible Study in the Library 1:30 Left, Right, Center MPR 1 2:30 -3:00 Happy Hour OPEN BAR 3:00 Fun Fridays Happy Hour with the BARLEEN'S Entertainers! -MPR</p>	<p>20 9:00 -1:30PM D.V.M.T.A's DANCE &amp; MUSIC MARATHON MPR 2/3 9:30 Saturday STRETCH- MPR 1 10:00 Daily Chronicle Read- MPR 1 10:15 K-9 Cuddle Time w/ Kristal! GL 1:30 Quarter Bingo! (Please Bring 10 Quarters)- MPR 1 5:30 Saturday Cinema: "The Big Sleep"-Green Great Room</p>
<p>21 10:00 Legacy's Own Interdenominational Church Service- MPR 2 &amp; 3 12:30 LDS Sacrament in the Great Room- RED SIDE Great Room (2nd FL) 5:30 Sunday Cinema: Residents' Choice Classic Movie Matinee -GGR (Request Titles with Mailani)</p>	<p>22 9:30 Musical Fitness with Dick!- MPR 1 10:15 Crafting Corner with Lee: MPR 2 Flower Crowns for Oktoberfest! 12:30 Make-Up Craft Work MPR 1 1:30 POKENO (25 Nickels)- MPR 1 3:30 Pre-Supper Circle Group -GL 6:00 L.D.S. Family Home Evening- Green Great Room (2nd FL)</p>	<p>23 9:30 Sit &amp; Get Fit!- MPR 1 10:00 Daily Chronicle Read -MPR 1 10:30 BELTONE Free Hearing Aid "Clean and Checks" MPR 2 10:30 "WHO AM I?" Celebrity Trivia -GL 1:30 Dime Bingo Bonanza! -MPR 1 (Please Bring 10 Dimes) 3:30 Pre-Supper Circle Group -GL</p>	<p>24 9:30 Deep Breathing and Yoga with Diane Brennan- MPR 1 10:00 Catholic Service- MPR 3 10:30 STAR OF THE MONTH! GL 1:00 Creativity Class! MPR 1 3:15 LIVE MUSIC in the Living Room: SINGER Tony Joseph -GL 5:30 Prayer Meeting- Library</p>	<p>25 9:30 Sit &amp; Get Fit!- MPR 1 10:00 Daily Chronicle Read -MPR 1 10:30 Trivial Pursuit Thursday! GL 12:00 MEN'S CLUB- Red Side Pool Table 1:30 Dime Bingo Bonanza! -MPR 1 (Please Bring 10 Dimes) 3:00 "YOUNG LIVING" Essential Oils Class with Frankie! MPR 2/3 3:30 Pre-Supper Circle Group -GL</p>	<p>26 9:00 FINAL FRIDAY FUN! Schnepf Farm's Pumpkin &amp; Chili Party! (\$15+) BUS 9:30 Zumba with Holly! MPR 1 10:45 Bible Study in the Library 1:30 Left, Right, Center MPR 1 2:30 -3:00 Happy Hour OPEN BAR 3:00 Fun-Tastic Fridays Happy Hour with Miss Suzie Kiraly! -MPR</p>	<p>27 LEGACY'S OKTOBERFEST 12:30 LEGACY'S ANNUAL OKTOBERFEST CELEBRATION! BEER, BRATS, PRETZELS, RAFFLES, POLKA BAND AND MORE! \$5/GUEST, ALL ARE WELCOME AND INVITED! 5:30 Saturday Cinema: "FRANKENSTEIN"-GGR</p>
<p>28 10:00 Legacy's Own Interdenominational Church Service- MPR 2 &amp; 3 12:30 LDS Sacrament in the Great Room- RED SIDE Great Room (2nd FL) 5:30 Sunday Cinema: Residents' Choice Classic Movie Matinee -GGR (Request Titles with Mailani)</p>	<p>29 9:30 Musical Fitness with Dick!- MPR 1 10:15 Crafting Corner with Lee: MPR 2 Last Minute Halloween Help! 12:30 Make-Up Craft Work MPR 1 1:30 POKENO (25 Nickels)- MPR 1 3:30 Pre-Supper Circle Group -GL 6:00 L.D.S. Family Home Evening- Green Great Room (2nd FL)</p>	<p>30 9:30 Sit &amp; Get Fit!- MPR 1 10:00 Daily Chronicle Read -MPR 1 11:00 MEN'S CLUB Luncheon -GGR 1:30 Dime Bingo Bonanza! -MPR 1 (Please Bring 10 Dimes) 3:00 AZ Herpetological Association Presents "Creepy, Crawly, and Slithery FUN!" MPR 2/3</p>	<p>31 9:30 Deep Breathing and Yoga with Diane Brennan- MPR 1 10:00 Catholic Service- MPR 3 10:30 Halloween Party Prep! MPR 1:00 Hair &amp; Makeup Help! MPR 1 2:30 HALLOWEEN BASH! MPR 1-3 *Wear Your Costumes! 5:30 Prayer Meeting- Library</p>			<p>We Definitely Try Our Best, But Due to Unforeseen Circumstances, Activities Are Subject to Change. Please Refer to the Daily Printed &amp; Posted Activity Schedules. If You Have Any Questions or Concerns, Please See Mailani, Recreation Director. Thank YOU!</p>



# October 2018

## ARIZONA HERPETOLOGICAL ASSOCIATION

A NON-PROFIT ORGANIZATION DEDICATED TO THE CONSERVATION, STUDY, AND UNDERSTANDING OF REPTILES AND AMPHIBIANS.

ENCOUNTER HOTLINE:  
(480) 894-1625

JOIN THE AHA ▶  
AZREPTILES.COM



### “CREEPY CRAWLY’S FUN!”

On Tuesday, October 30th at 3:00pm, the Arizona Herpetological Association, or “AHA,” will be bringing by a few of their “creepy, crawly” friends for our viewing pleasure. If you’ve ever wanted to see tortoises, gila monsters, lizards or snakes UP CLOSE (in a securely locked container), this is your chance!

It may SEEM scary, but the AHA is coming to help us understand and learn more about our native “Wildlife” here in Arizona. Please consider coming to this informational and FUN presentation.

Family members, friends, staff and staff family are ALL welcome!

## DISCOVER THE *Young Living* DIFFERENCE

*The average person applies 300 chemicals to their body every single day, and 80 of those chemicals before breakfast. Most are from four things - soap, makeup, shampoo, and hair care. The biggest pollutants in our home are fabric softeners, dryer sheets, air freshener plug-ins and candles. Health and safety data only exists for 15 percent of all the chemicals out there.*

Essential oils are a better way. They are totally chemical free, steam distilled or cold pressed from pure plants. There are over a million uses for essential oils-cleaning supplies, personal care products like toothpaste, deodorant, and savvy minerals make-up, in the diffuser, and oil-infused nutritional supplements.

**Come to this one-hour class to learn how to kick the chemicals in yourself & home to the curb.  
THURSDAY, OCTOBER 25th at 3:00PM in MPR 2**