



LEGACY
RETIREMENT
Mesa

5625 E. McKellips Rd. • Mesa, AZ 85215 • (480) 985-0300

Legacy Management Family

Janet Statland Executive Director
 Lindy Fasel Executive Assistant
 Robert Odle Maintenance Director
 Dawn Wallace Assistant Administrator
 Cece Carrillo Assistant Administrator
 Monica Torres Housekeeping Supervisor
 Trudy Murray Directed Care Nurse
 Wanda Gerber Personal Care Nurse
 Rob Iqbal Food Service Director
 Mailani Fernandez Recreation Director
 Jeannine Braunberger Marketing Director
 Tina Wright Marketing Manager
 Cindy von Weigen Billing Office Manager



Happy February Birthdays!

Geraldine W. February 1st
 Elizabeth S. February 4th
 Phyllis "Peppy" K. February 6th
 Phyllis S. February 12th
 Ada D. February 14th
 Margaret A. February 19th
 Alan L. February 21st
 Lorraine "Lori" S. February 21st
 Thelmajean C. February 22nd
 Jean M. February 23rd
 Phyllis "Carleton" P. February 23rd
 Virginia E. February 24th
 Dolores C. February 28th
 Ed C. February 28th
 Jean F. February 29th

February 2018



FEBRUARY IS NATIONAL HEART MONTH

Do you have high cholesterol or high blood pressure?

Have members of your family suffered from these ailments? Do you have a poor diet?

If you answer "yes" to any of these questions, you may want to consider being screened for your risk of stroke through the services of Life Line Screening. Life Line Screening uses ultrasound technology to view the plaque build-up in your carotid arteries, the main arteries that carry blood to the brain. Blockages in these arteries are a leading cause of stroke. We are pleased to host this Life Line Screening event

Friday, February 2nd at 9am in MPR 3.

Register for a Wellness Package with Heart Rhythm for \$149. All screenings take 60-90 minutes to complete. Your Health is in Your Hands, so call 1-888-653-6441 or go to www.lifelinescreening.com/communitycircle or text the word **CIRCLE** to 797979 for more information or to pre-register.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|--|--|--|---|
| <p>Spiritual & Religious Meetings: Prayer Meetings are held Wednesdays at 5:30pm in the Library with Pastors Leo & Sylvia. LDS Family Home Evenings are held Mondays at 6:00pm in the 2nd Floor Green Great Room.</p> |  |  |  | | | |
| <p>4 10:00 Legacy's Own Interdenominational Church Service- MPR 2 & 3 12:30 LDS Sacrament in the Great Room- RED SIDE Great Room (2nd FL) 1:45 Fairway Groves Choir Rehearsal (All Are Welcome to Watch) -MPR 3 5:30 Sunday Cinema: Resident's Choice Classic Movie Matinee -GGR (Request Titles w/Mailani)</p> | <p>5 9:30 "Musical Motions" Fitness with Dick Watt!- MPR 1 10:30 Craft Corner with Lee: MPR 1 Valentine's Salt Dough Hearts 1:30 Dominoes- MPR 1 2:30 2018 Prom Committee Meeting MPR 1 3:30 Pre-Supper PowWow Circle Group- Green Dining Lobby 6:00 L.D.S. Family Home Evening- Green Great Room (2nd FL Upstairs)</p> | <p>6 9:30 Sit & Get Fit!- MPR 1 10:00 Daily Chronicle Read -MPR 1 10:30 "WHO AM I?" Celebrity Trivia- Green Dining Lobby 1:30 Dime Bingo Bonanza! -MPR 1 (Please Bring 10 Dimes) 3:30 Pre-Supper PowWow Circle Group- Green Dining Lobby</p> | <p>7 9:30 Deep Breathing and Yoga with Diane Brennan- MPR 1 10:00 Catholic Service- MPR 3 10:30 Activity Meeting- MPR 1 1:30 POKENO- MPR 1 3:00 Pianist Arthur Bunch- MPR 3 3:30 Pre-Supper PowWow Circle Group- Green Dining Lobby 5:30 Prayer Meeting- Library</p> | <p>8 9:30 Sit & Get Fit!- MPR 1 10:00 A.R.T. (Amazing Resident Talent) Class with Tiffany Lilley- MPR 1 1:30 Dime Bingo Bonanza! -MPR 1 (Please Bring 10 Dimes) 3:30 Pre-Supper PowWow Circle Group- Green Dining Lobby 6:00 Valentine's Themed PRIZE BINGO w/ Volunteer Pat! -MPR 1</p> | <p>9 GROUNDHOG DAY 9:30 Fun Friday Fitness! MPR 1 10:00 Daily Chronicle MPR 1 10:30 Groundhog Pudding Cups- MPR 2 10:45 Bible Study in the Library 11:00 Outing at Rodizio Grill (\$) BUS 1:30 Left, Right, Center- MPR 2:30 -3:00pm OPEN BAR 3:00 Fun Fridays Happy Hour with Marimba Player Joe Gilboy! -MPR 5:30 "Groundhog Day" Movie -GGR</p> | <p>10 9:30 Saturday STRETCH- MPR 1 10:00 Daily Chronicle Read- MPR 1 10:30 Weekend WISDOM Trivia Group- Green Dining Lobby 1:30 Quarter Bingo! (Please Bring 10 Quarters)- MPR 1 5:30 Saturday Cinema: "The Jazz Singer"-Green Great Room</p> |
| <p>11 10:00 Legacy's Own Interdenominational Church Service- MPR 2 & 3 12:30 LDS Sacrament in the Great Room- RED SIDE Great Room (2nd FL) 1:45 Fairway Groves Choir Rehearsal (All Are Welcome to Watch) -MPR 3 5:30 Sunday Cinema: Resident's Choice Classic Movie Matinee -GGR (Request Titles w/Mailani)</p> | <p>12 9:30 "Musical Motions" Fitness with Dick Watt!- MPR 1 10:30 Craft Corner with R.A.D. Charles! Heart Ornaments MPR 1 1:30 Dominoes- MPR 1 2:30 2018 Prom Committee Meeting MPR 1 3:30 Pre-Supper PowWow Circle Group- Green Dining Lobby 6:00 L.D.S. Family Home Evening- Green Great Room (2nd FL Upstairs)</p> | <p>13 FAT TUESDAY-MARDI GRAS 9:30 Sit & Get Fit!- MPR 1 10:00 Daily Chronicle Read -MPR 1 10:30 Mardi Gras Masks & Duct Tape Necklace Making-MPR 1 1:30 "Big Easy" Bingo Bonanza! -MPR 1 (Please Bring 10 Dimes) 3:30 EARN YOUR BEADS! Mardi Gras Trivia Games! -Green Lobby</p> | <p>14 HAPPY VALENTINE'S DAY! 9:30 Deep Breathing and Yoga with Diane Brennan- MPR 1 10:00 Catholic Service- MPR 3 10:30 Chef's Chat- MPR 1 1:30 POKENO- MPR 1 3:00 Valentine's Sweetheart Social with Pianist Arthur Bunch! MPR 5:30 Prayer Meeting- Library</p> | <p>15 9:30 Sit & Get Fit!- MPR 1 10:00 Daily Chronicle Read -MPR 1 10:30 Hole Punched Pie Tin Heart Sun Catchers! -MPR 1 1:30 Dime Bingo Bonanza! -MPR 1 (Please Bring 10 Dimes) 3:30 Pre-Supper PowWow Circle Group- Green Dining Lobby</p> | <p>16 CHINESE NEW YEAR 9:30 Out to the Casino!- BUS 9:30 Fun Friday Fitness! MPR 1 10:15 COOKING CLASS: TASTY CHINESE WON TON MAKING! -MPR 10:45 Bible Study in the Library 1:30 Left, Right, Center- MPR 2:30 -3:00pm OPEN BAR and Ice Cream Charity Concession 3:00 Fun Fridays Happy Hour with Entertainer Charlie Glasgow! -MPR</p> | <p>17 9:30 Saturday STRETCH- MPR 1 10:00 Daily Chronicle Read- MPR 1 10:30 Weekend WISDOM Trivia Group- Green Dining Lobby 1:30 Quarter Bingo! (Please Bring 10 Quarters)- MPR 1 5:30 Saturday Cinema: "Jailhouse Rock"-Green Great Room</p> |
| <p>18 10:00 Legacy's Own Interdenominational Church Service- MPR 2 & 3 12:30 LDS Sacrament in the Great Room- RED SIDE Great Room (2nd FL) 1:45 Fairway Groves Choir Rehearsal (All Are Welcome to Watch) -MPR 3 5:30 Sunday Cinema: Resident's Choice Classic Movie Matinee -GGR (Request Titles w/Mailani)</p> | <p>19 PRESIDENTS DAY 9:30 "Musical Motions" Fitness with Dick Watt!- MPR 1 10:30 Crafting Corner with Lee: MPR 1 Edible "Log" Cabins 1:30 Dominoes- MPR 1 2:30 2018 Prom Committee Meeting MPR 1 3:30 Pre-Supper PowWow Circle Group- Green Dining Lobby 6:00 L.D.S. Family Home Evening- Green Great Room (2nd FL Upstairs)</p> | <p>20 9:30 Sit & Get Fit!- MPR 1 10:00 Daily Chronicle Read -MPR 1 10:30 "WHAT AM I?" Item Guessing Trivia- Green Dining Lobby 1:30 Dime Bingo Bonanza! -MPR 1 (Please Bring 10 Dimes) 3:30 Pre-Supper PowWow Circle Group- Green Dining Lobby</p> | <p>21 9:30 Deep Breathing and Yoga -MPR 1 10:00 Catholic Service- MPR 3 10:30 MedSource Mobility W/C & Walker FIX-IT Clinic MPR 2 1:30 POKENO- MPR 1 3:00 Pianist Arthur Bunch- MPR 3 3:30 Pre-Supper PowWow Circle Group- Green Dining Lobby 5:30 Prayer Meeting- Library</p> | <p>22 9:30 Sit & Get Fit!- MPR 1 10:00 A.R.T. (Amazing Resident Talent) Class with Pro Artist Tiffany Lilley- MPR 1 1:30 Dime Bingo Bonanza! -MPR 1 (Please Bring 10 Dimes) 3:30 Pre-Supper PowWow Circle Group- Green Dining Lobby</p> | <p>23 9:30 ZUMBA with Holly! MPR 1 10:30 Color My World!- MPR 2 10:30 FINAL FUN FRIDAY TRIP: Antique Shopping & Lunch in Downtown Mesa! 10:45 Bible Study in the Library 1:30 Left, Right, Center- MPR 2:30 -3:00pm OPEN BAR and Ice Cream Charity Concession 3:00 Fun Fridays Happy Hour with Songstress Suzie Kirahly! -MPR</p> | <p>24 9:30 Saturday STRETCH- MPR 1 10:00 Daily Chronicle Read- MPR 1 10:30 Weekend WISDOM Trivia Group- Green Dining Lobby 1:30 Quarter Bingo! (Please Bring 10 Quarters)- MPR 1 5:30 Saturday Cinema: "Postcards From the Edge"-GGR</p> |
| <p>25 10:00 Legacy's Own Interdenominational Church Service- MPR 2 & 3 12:30 LDS Sacrament in the Great Room- RED SIDE Great Room (2nd FL) 1:45 Fairway Groves Choir Rehearsal (All Are Welcome to Watch) -MPR 3 5:30 Sunday Cinema: Resident's Choice Classic Movie Matinee -GGR (Request Titles w/Mailani)</p> | <p>26 9:30 "Musical Motions" Fitness with Dick Watt!- MPR 1 10:30 Craft Corner with Lee: MPR 1 Salt Dough Hearts 1:30 Dominoes- MPR 1 2:30 2018 Prom Committee Meeting MPR 1 3:30 Pre-Supper PowWow Circle Group- Green Dining Lobby 6:00 L.D.S. Family Home Evening- Green Great Room (2nd FL Upstairs)</p> | <p>27 9:30 Sit & Get Fit!- MPR 1 10:00 Daily Chronicle Read -MPR 1 10:30 "WHO AM I?" Guessing Game- GL 11:00 MANLY MEN'S CLUB Luncheon (Men Only) -MPR 1 1:30 Dime Bingo Bonanza! -MPR 1 (Please Bring 10 Dimes) 3:30 Pre-Supper PowWow Circle Group- Green Dining Lobby</p> | <p>28 9:30 Deep Breathing and Yoga with Diane Brennan- MPR 1 10:00 Catholic Service- MPR 3 10:30 Wine-Maker's Wednesday Pt. 2! GL 10:30 SNAP Hearing Services -MPR 1 1:30 POKENO- MPR 1 3:30 Pre-Supper PowWow Circle Group- Green Dining Lobby 5:30 Prayer Meeting- Library</p> |  |  | <p>We Definitely Try Our Best, But Due to Unforeseen Circumstances, Activities Are Subject to Change. Please Refer to the Daily Printed & Posted Activity Schedules. If You Have Any Questions or Concerns, Please See Mailani, Recreation Director. Thank YOU!</p> |

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