



5625 E. McKellips Rd. • Mesa, AZ 85215 • (480) 985-0300

### Your Legacy Retirement Management Family

- Janet Statland ..... Executive Director
- Cece Carrillo ..... Assistant Administrator
- Dawn Wallace ..... Assistant Administrator
- Wanda Gerber ..... Personal Care Nurse
- Trudy Murray ..... Directed Care Nurse
- Rob Iqbal ..... Food Service Director
- Jeannine Braunberger ..... Marketing Director
- Mailani Fernandez ..... Recreation Director
- Christi Lawrence ..... Activity Director
- Robert Odle ..... Maintenance Director
- Lisa Roether ..... Housekeeping Supervisor
- Tina Wright ..... Marketing Manager
- Lindy Fasel ..... Executive Assistant
- Nancy Castillejo ..... Administrative Asst.
- \*\*\*\*\* ..... \*\*\*\*\*

### Happy Birthday to the Following Residents!

- Vivian M. .... September 2nd
- Willodean S. .... September 6th
- Naomi B. .... September 11th
- Betty L. .... September 12th
- Jack H. .... September 13th
- Ben T. .... September 13th
- Annette B. .... September 15th
- Josephine G. .... September 16th
- Clarence R. .... September 18th
- Marjorie S. .... September 19th
- Hazel H. .... September 20th
- Adeline K. .... September 23rd
- Joni M. .... September 26th
- Tillie M. .... September 28th
- Donna G. .... September 29th

## September 2017




*Resident Irene S., waving at her new found friend "Smiley" the Stingray, on our FUN FRIDAY Outing to Sea Life Arizona!*

*"Every day's a perfect gift of time for us to use. Hours waiting to be filled in any way we choose. Each morning brings a quiet hope that rises with the sun. Each evening brings the sweet content that comes with work well done." -Anonymous*



**BLANKET WASHING EXTRAVAGANZA EVERY MONDAY IN SEPTEMBER**  
 HOUSEKEEPING WILL WASH YOUR BLANKETS, COMFORTERS, SHAMS FOR ONLY \$5.00 EACH! 100% OF PROCEEDS GO DIRECTLY TO THE PHOENIX JUSTA CENTER  
 HELP US TO HELP HOMELESS SENIORS. PLEASE SIGN UP AND LISA (Housekeeping Supervisor) WILL SET A DATE IN SEPTEMBER FOR YOU.  
 OPEN TO RESIDENTS AND STAFF OF LEGACY ONLY.  
 PLEASE DO NOT SEND OLD, ANTIQUE, OR TATTERED ITEMS.  
 \*\*\*\*THOUGH WE TAKE GREAT CARE IN YOUR BELONGINGS, WE WILL NOT BE RESPONSIBLE FOR DAMAGED ITEMS OUT OF OUR CONTROL.  
 HOUSEKEEPING HAS THE RIGHT TO REFUSE ITEMS WE FEEL COULD BE DAMAGED.  
 COMFORTERS WITH MATCHING SHAMS ARE \$5.00 PER SET. WE DO NOT WASH PILLOWS. ITEMS WILL BE PICKED UP AND RETURNED THE SAME DAY.

Sunday	Monday	Tuesday
<p><b>LEGEND:</b>                      L: Lobby                      GR: Great Room                      MPR: Multi-Purpose Room                      DR: Dining Room                      GRN L: GREEN Lobby                      LIB: Library                      TH: Theater Room</p>	<p><b>PRAYER MEETINGS:</b>                      Wednesdays @ 5:30pm                      In the Library.                      Held by Pastor Leo &amp; Sylvia                      *                      LDS Family Home Evenings:                      Mondays @ 6:00pm                      2nd FL GREEN Sitting Area</p>	<p>NATIONAL ASSISTED LIVING WEEK</p>
<p><b>Sunday Football: Green GR 3</b></p> <p>9:30 LDS Sacrament In the Great Room <b>RED Side</b>                      10:00 Legacy's Own Nondenominational Church Service <b>MPR 2 &amp; 3</b>                      5:30 Sunday Cinema! Classic Movie Matinee <b>GR (Now Streaming Netflix! Ask Front Desk for Assistance.)</b></p>	<p><b>LABOR DAY 4</b></p> <p>9:30 Fit &amp; Fun W/Dick! <b>MPR 1</b>                      10:00 Daily Chronicle <b>MPR 1</b>                      10:30 Crafting Corner: <b>MPR 1 Paper Bag Hula Skirt</b>                      1:30 Dominoes <b>MPR 1</b>                      3:15 "The Book of Questions" Discussion Group <b>GRN L</b></p>	<p><b>5</b></p> <p>9:30 Fitness FUN <b>MPR 1</b>                      10:00 Daily Chronicle <b>MPR 1</b>                      10:30 <b>WHO AM I? GRN L</b> Celebrity Trivia Fun                      1:30 <b>DIME Bingo MPR 1</b>                      *Please Bring 10 Dimes                      3:15 Scattergories <b>GRN L</b></p>
<p><b>Happy Grandparents Day! 10</b></p> <p>9:30 LDS Sacrament In the Great Room <b>RED Side</b>                      10:00 Legacy's Own Nondenominational Church Service <b>MPR 2 &amp; 3</b>                      5:30 Sunday Cinema! Classic Movie Matinee <b>GR (Now Streaming Netflix! Ask Front Desk for Assistance.)</b></p>	<p><b>11</b></p> <p>9:30 Fit &amp; Fun W/Dick! <b>MPR 1</b>                      10:00 Daily Chronicle <b>MPR 1</b>                      10:30 Crafting Corner: <b>MPR 1 9/11 Patriotic Fabric Flower</b>                      1:30 Dominoes <b>MPR 1</b>                      3:15 "Would You Rather?" Discussion Group <b>GRN L</b></p>	<p><b>12</b></p> <p>9:30 Fitness FUN <b>MPR 1</b>                      10:00 Collaborative A.R.T. (Amazing Resident Talent) Class W/Tiffany Lilley <b>MPR 1</b>                      1:30 <b>DIME Bingo MPR 1</b>                      *Please Bring 10 Dimes                      3:15 Scattergories <b>GRN L</b></p>
<p><b>Sunday Football: Green GR 17</b></p> <p>9:30 LDS Sacrament In the Great Room <b>RED Side</b>                      10:00 Legacy's Own Nondenominational Church Service <b>MPR 2 &amp; 3</b>                      5:30 Sunday Cinema! Classic Movie Matinee <b>GR (Now Streaming Netflix! Ask Front Desk for Assistance.)</b></p>	<p><b>18</b></p> <p>9:30 Fit &amp; Fun W/Dick! <b>MPR 1</b>                      10:00 Daily Chronicle <b>MPR 1</b>                      10:30 Crafting Corner: <b>MPR 1 Fabric Flower Accessories</b>                      1:30 Dominoes <b>MPR 1</b>                      3:15 "The Book of Questions" Discussion Group <b>GRN L</b></p>	<p><b>19</b></p> <p>9:30 Fitness FUN <b>MPR 1</b>                      10:00 Daily Chronicle <b>MPR 1</b>                      10:30 <b>WHAT AM I? GRN L</b> Item Trivia Fun                      1:30 <b>DIME Bingo MPR 1</b>                      *Please Bring 10 Dimes                      3:15 Scattergories <b>GRN L</b></p>
<p><b>Sunday Football: Green GR 24</b></p> <p>9:30 LDS Sacrament In the Great Room <b>RED Side</b>                      10:00 Legacy's Own Nondenominational Church Service <b>MPR 2 &amp; 3</b>                      5:30 Sunday Cinema! Classic Movie Matinee <b>GR (Now Streaming Netflix! Ask Front Desk for Assistance.)</b></p>	<p><b>25</b></p> <p>9:30 Fit &amp; Fun W/Dick! <b>MPR 1</b>                      10:00 Daily Chronicle <b>MPR 1</b>                      10:30 Crafting Corner: <b>MPR 1 Fabric Flower Accessories</b>                      1:30 Dominoes <b>MPR 1</b>                      3:15 "Would You Rather?" Discussion Group <b>GRN L</b></p>	<p><b>26</b></p> <p>9:30 Fitness FUN <b>MPR 1</b>                      10:00 Collaborative A.R.T. (Amazing Resident Talent) Class W/Tiffany Lilley <b>MPR 1</b>                      1:30 <b>DIME Bingo MPR 1</b>                      *Please Bring 10 Dimes                      3:15 Scattergories <b>GRN L</b></p>

Wednesday	Thursday	Friday	Saturday
<p><b><i>We Definitely Try Our Best, But Due to Unforeseen Circumstances, Activities Are Subject to Change. Please Refer to the Daily Printed And/Or Posted Activity Schedules. If You Have Any Questions or Concerns, Please See Mailani, Recreation Director.</i></b></p>	 <h2 style="margin: 0;">READY FOR FOOTBALL?</h2>	<p><b>9:30</b> Friday Fitness! MPR 1  <b>10:00</b> Daily Chronicle MPR 1  <b>10:30</b> <u>OUT FOR COFFEE! L</u>  <b>Dutch Brothers Outing!</b>  <b>10:30</b> Color Therapy MPR 1  <b>10:45</b> Bible Study LIBR  <b>1:30</b> L, R, Center MPR  <b>3:00</b> <b>"Cravings for A Cause!"</b>  <b>Concession BAR</b>  <b>3:30</b> <u>Block Party &amp; Cocktails</u>  <i>W/Jim &amp; Diane!</i> MPR</p>	<p><b>9:30</b> Fitness Class MPR 1  <b>10:00</b> Daily Chronicle MPR 1  <b>10:15</b> Craft Catch Up MPR 1  <b>10:30</b> Weekend Wits GRN L  <b>1:30</b> <u>Quarter Bingo MPR 1</u>  <i>*Please Bring 10 Quarters</i>  <b>5:30</b> Saturday Cinema GGR  <b>"PAL JOEY"</b></p>
6	7	<p><b>9:30</b> Friday Fitness! MPR 1  <b>10:00</b> Daily Chronicle MPR 1  <b>10:30</b> <u>OUT TO LUNCH! L</u>  <b>FUDDRUCKER'S Burgers</b>  <b>10:30</b> Color Therapy MPR 1  <b>10:45</b> Bible Study LIBR  <b>1:30</b> L, R, Center MPR  <b>3:00</b> <b>"Craving for A Cause"</b>  <b>Charity Concession BAR</b>  <b>3:30</b> <u>Fun Friday Happy Hour</u>  <i>W/Jack Wagner!</i> MPR 1 &amp; 2</p>	9
<p><b>9:30</b> <u>Deep Breathing &amp; Yoga</u>  <i>With Diane Brennan</i> MPR 1  <b>10:00</b> Catholic Service GGR  <b>10:30</b> <u>ACTIVITY MEETING</u>  <b>WITH MAILANI</b> MPR 1  <b>1:30</b> POKENO MPR 1  <i>*Please Bring 25 Nickels!</i>  <b>3:15</b> Resident Brainiacs GR-L</p>	<p><b>9:30</b> Fitness Class MPR 1  <b>10:00</b> Daily Chronicle MPR 1  <b>10:30</b> <u>Shake Your Hips!</u>  <b>Hula With Mailani</b> MPR 1  <b>1:30</b> DIME Bingo MPR 1  <i>*Please Bring 10 Dimes</i>  <b>3:15</b> <u>Request A Tune Jukebox</u>  <b>Hour!</b> GRN-L</p>	<p><b>9:30</b> Friday Fitness! MPR 1  <b>10:00</b> Daily Chronicle MPR 1  <b>10:30</b> <u>OUT TO CASINO! Bus</u>  <b>9:30</b> Friday Fitness! MPR 1  <b>10:00</b> Daily Chronicle MPR 1  <b>10:30</b> Color Therapy MPR 1  <b>10:45</b> Bible Study LIBR  <b>1:30</b> L, R, Center MPR  <b>3:00</b> <b>"Craving for A Cause"</b>  <b>Charity Concession BAR</b>  <b>3:30</b> <u>Fun Friday Happy Hour</u>  <i>W/Gene Mann!</i> MPR 1 &amp; 2</p>	<p><b>9:30</b> Fitness Class MPR 1  <b>10:00</b> Daily Chronicle MPR 1  <b>10:15</b> Craft Catch Up MPR 1  <b>10:30</b> Weekend Wits GRN L  <b>1:30</b> <u>Quarter Bingo MPR 1</u>  <i>*Please Bring 10 Quarters</i>  <b>5:30</b> Saturday Cinema GGR  <b>"MY FAIR LADY"</b></p>
13	14	15	16
<p><b>Wednesday Theme:</b>  <b>FOOTBALL</b></p> <p><b>9:30</b> <u>Deep Breathing &amp; Yoga</u>  <i>With Diane Brennan</i> MPR 1  <b>10:00</b> Catholic Service MPR 3  <b>10:30</b> <u>CHEF'S DINING</u>  <b>SERVICES CHAT</b> MPR 1  <b>1:30</b> POKENO MPR 1  <i>*Please Bring 25 Nickels!</i>  <b>3:15</b> <u>Dinner Music:</u> GR-L  <i>Pianist Arthur Bunch</i></p>	<p><b>9:30</b> Fitness Class MPR 1  <b>10:00</b> Daily Chronicle MPR 1  <b>10:30</b> <u>Shake Your Hips!</u>  <b>Hula With Mailani!</b> MPR 1  <b>1:30</b> DIME Bingo MPR 1  <i>*Please Bring 10 Dimes</i>  <b>3:15</b> <u>Name That Tune and</u>  <b>Artist!</b> GRN-L</p>	<p><b>9:30</b> Friday Fitness! MPR 1  <b>10:00</b> Daily Chronicle MPR 1  <b>10:30</b> <u>OUT TO LUNCH! L</u>  <b>Pesto's Homemade Italian</b>  <b>10:30</b> Color Therapy MPR 1  <b>10:45</b> Bible Study LIBR  <b>1:30</b> L, R, Center MPR  <b>3:00</b> <b>"Craving for A Cause"</b>  <b>Charity Concession BAR</b>  <b>3:30</b> <u>Fun Friday Happy Hour</u>  <i>W/Marina Riggins!</i> MPR 1 &amp; 2</p>	<p><b>9:30</b> Fitness Class MPR 1  <b>10:00</b> Daily Chronicle MPR 1  <b>10:15</b> Craft Catch Up MPR 1  <b>10:30</b> Weekend Wits GRN L  <b>1:30</b> <u>Quarter Bingo MPR 1</u>  <i>*Please Bring 10 Quarters</i>  <b>5:30</b> Saturday Cinema GGR  <b>"7 BRIDES FOR 7 BROS."</b></p>
20	21	22	23
<p><b>Wednesday Theme:</b>  <b>HAWAIIAN</b></p> <p><b>9:30</b> <u>Deep Breathing &amp; Yoga</u>  <i>With Diane Brennan</i> MPR 1  <b>10:00</b> Catholic Service MPR 3  <b>10:30</b> <u>Apple-Puzzle</u> GRN L  <b>1:30</b> POKENO MPR 1  <i>*Please Bring 25 Nickels!</i>  <b>3:00</b> <u>LEGACY'S</u>  <b>END-OF-SUMMER LUAU!</b>  <b>MPR</b></p>	<p><b>9:30</b> Fitness Class MPR 1  <b>10:00</b> Daily Chronicle MPR 1  <b>10:30</b> <u>Legacy Retirement</u>  <b>Craft Fair Project</b> MPR 1  <b>1:30</b> DIME Bingo MPR 1  <i>*Please Bring 10 Dimes</i>  <b>3:15</b> <u>Name That Tune &amp; Artist!</u>  <b>GRN-L</b></p>	<p><b>9:30</b> Friday Fitness! MPR 1  <b>10:00</b> Daily Chronicle MPR 1  <b>10:30</b> <u>FINAL FRIDAY FUN!</u>  <b>THE HEARD MUSEUM</b>  <b>9:30</b> Friday Fitness! MPR 1  <b>10:00</b> Daily Chronicle MPR 1  <b>10:30</b> Color Therapy MPR 1  <b>10:45</b> Bible Study LIBR  <b>1:30</b> L, R, Center MPR  <b>3:00</b> <b>"Craving for A Cause"</b>  <b>Charity Concession BAR</b>  <b>3:30</b> <u>Fun Friday Happy Hour</u>  <i>W/Tim Hern!</i> MPR 1 &amp; 2</p>	<p><b>9:30</b> Fitness Class MPR 1  <b>10:00</b> Daily Chronicle MPR 1  <b>10:15</b> Craft Catch Up MPR 1  <b>10:30</b> Weekend Wits GRN L  <b>1:30</b> <u>Quarter Bingo MPR 1</u>  <i>*Please Bring 10 Quarters</i>  <b>5:30</b> Saturday Cinema GGR  <b>"GRUMPY OLD MEN"</b></p>
27	28	29	30
<p><b>Wednesday Theme:</b>  <b>WACKY HAIR</b></p> <p><b>9:30</b> <u>Deep Breathing &amp; Yoga</u>  <i>With Diane Brennan</i> MPR 1  <b>10:00</b> Catholic Service MPR 3  <b>10:30</b> <u>Toppling Tower</u>  <b>Tournament!</b> GRN L  <b>1:30</b> POKENO MPR 1  <i>*Please Bring 25 Nickels!</i>  <b>3:00</b> <u>Pre-Supper Sing Along</u>  <b>With Marina!</b> GRN-L</p>	<p><b>9:30</b> Fitness Class MPR 1  <b>10:00</b> Daily Chronicle MPR 1  <b>10:30</b> <u>Legacy Retirement</u>  <b>Craft Fair Project</b> MPR 1  <b>1:30</b> DIME Bingo MPR 1  <i>*Please Bring 10 Dimes</i>  <b>3:15</b> <u>Request A Tune Jukebox</u>  <b>Hour!</b> GRN-L</p>	<p><b>9:30</b> Fitness Class MPR 1  <b>10:00</b> Daily Chronicle MPR 1  <b>10:15</b> Craft Catch Up MPR 1  <b>10:30</b> Weekend Wits GRN L  <b>1:30</b> <u>Quarter Bingo MPR 1</u>  <i>*Please Bring 10 Quarters</i>  <b>5:30</b> Saturday Cinema GGR  <b>"MURPHY'S ROMANCE"</b></p>	<p><b>9:30</b> Fitness Class MPR 1  <b>10:00</b> Daily Chronicle MPR 1  <b>10:15</b> Craft Catch Up MPR 1  <b>10:30</b> Weekend Wits GRN L  <b>1:30</b> <u>Quarter Bingo MPR 1</u>  <i>*Please Bring 10 Quarters</i>  <b>5:30</b> Saturday Cinema GGR  <b>"MURPHY'S ROMANCE"</b></p>

# September 2017



## Welcome Home, New Residents!

Legacy would like everyone to welcome the latest additions to our Legacy family!!!

*Isabella Kennedy*

*Floyd Nygaard*

*Fay Nygaard*

*Trudy Hyman*

*Yvonne Webb*

*June Fratzke*

*Jeanne Grierson*

*Betty Mosier*

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**WELCOME TO THE FAMILY!**



Legacy Mesa welcomes its newest residents!